

A NOTE FROM THE PFSC MEMBERSHIP CHAIR PERSON:

Hello and welcome to another year of figure skating!

Please download and print this entire document. Complete and return pages 1-9, along with your check for at least 50% of the total to me at the address below. You may also deliver your materials at the Open House on Sunday, September 19, 12:00-3:00 at the Boys and Girls Club, 16 Melville Street, Pittsfield. Please do not send cash. Members cannot be registered if all needed paperwork is not returned.

Make Checks Payable to: **Pittsfield Figure Skating Club**  
Return Application at Open House, Sunday, September 19, 2010  
12:00 – 3:00 PM

Or Send To:  
PFSC Membership Chair  
c/o Nancy Stoll  
14 Bentrup Court  
Lenox, MA 01240  
(413) 637-9751

Thank you!

Nancy Stoll

Dear Parent/Skater,

Welcome to a new skating year with Pittsfield Figure Skating Club (PFSC). I would like to take this opportunity to outline the Club policies as they relate to finances.

Although the session times remain the same and there is no increase in the hourly ice rate, the cost of some sessions may have slight variations. These variations are due to either additional or less sessions depending on where the days fall in the calendar year.

- The PFSC would prefer that all fees be paid by check rather than cash. If you must pay in cash, please ask for a receipt. A receipt book is located at the rink monitor's station. This will apply to buy-ons as well. No one will be allowed to buy-on to ice on credit. Skaters must have paid prior to skating on a session.
- **If you have an outstanding balance left over from last year, you will not be able to register for the 2010-2011 season until your balance is paid in full.** Even if you send in your registration form with payment for this year, you will not be registered until the unpaid balance from last year is paid. If you think there may be an error, please contact me as soon as possible so we can rectify your bill. My home phone number is 413-684-0195.
- **An add/drop form located at the rink monitor station must be completed for any changes that you make to your skater's ice schedule. These forms must be completed and given to Nancy Stoll, membership chair, prior to Dec. 31, 2010.** Once the membership chair has recorded the change, this information will be given to me so that appropriate changes will be reflected in your ice bill.
- Please note that only **two changes** will be honored to your skater's selected ice schedule with credits to your bill for changed sessions. Any changes beyond these two may result in you being responsible for payment of the original ice time for which you registered. Changes to add or drop sessions require additional bookkeeping services and, in turn, increase costs to the club. In order to keep ice/lesson fees down for all skaters, please pay careful attention to the sessions for which you register.
- **NEW this year there will be a three payment option: 1<sup>st</sup> payment will be 50% of total bill due at Open House, September 19<sup>th</sup>, 2nd payment 50% of balance is due November 5<sup>th</sup> and the remainder of your balance will be due on or before January 7<sup>th</sup>, 2011.** Please make a note of your balance due after registration so that this amount is readily available to you. Payments can be sent to the following address: **Treasurer, PFSC; PO Box 214; Pittsfield, MA 01202. Skaters who have an unpaid balance after January 7<sup>th</sup>, 2011 will not be eligible to participate in test sessions, competitions, or the ice show until their balance is paid in full.** If there is a problem with payment, please feel free to contact me so that we may work out a viable arrangement.

I look forward to working with you and wish you wonderful skating season.

Sincerely,

Marcia Disbrow

Club Treasurer

**Pittsfield Figure Skating Club, Inc.  
2010-2011 Season Application**

Member Name: \_\_\_\_\_ Age: \_\_\_\_\_  Male  Female

Home Phone: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_ Parents  
E-Mail Address: \_\_\_\_\_

(PRINT CLEARLY)

School: \_\_\_\_\_ Grade: \_\_\_\_\_ Alternate Email: \_\_\_\_\_

(PRINT CLEARLY)

Mother: \_\_\_\_\_ Work #: \_\_\_\_\_

Father: \_\_\_\_\_ Work #: \_\_\_\_\_

Emergency Contact  
(If other than parents): \_\_\_\_\_ Emergency #: \_\_\_\_\_

New Member or  Returning Member | Previous USFS or Basic Skills Number: \_\_\_\_\_

Pro Name or Group Lessons: \_\_\_\_\_

\*Please note: PFSC requires all skating members (Home Club & Associate Skaters) to obtain a minimum of 15 minutes per week of figure skating lesson time either private, semi-private or group lessons. Please note Group for Group lessons or list the name of the pro you have contracted with for private lessons.

USFS Last Test Passed:

Figure: \_\_\_\_\_ MIF: \_\_\_\_\_ Freestyle: \_\_\_\_\_ Dance Level: \_\_\_\_\_

Basic Skills Last Badge Passed: **PLEASE FILL IN – THIS IS HOW YOU WILL BE GROUPED FOR BASIC SKILLS**

Snow Plow Sam Badge: \_\_\_\_\_ Basic Skills Badge: \_\_\_\_\_ Freestyle Badge: \_\_\_\_\_

Non-Skating Parent Memberships:

Parent Member Name: \_\_\_\_\_

New Member or  Returning Member | Previous USFS # \_\_\_\_\_

Parent Member Name: \_\_\_\_\_

New Member or  Returning Member | Previous USFS # \_\_\_\_\_

I, \_\_\_\_\_ voluntarily enroll myself/child in the 2010-2011 program with the Pittsfield Figure Skating Club, Inc. and in the event of illness or injury, I give authorization for transportation and emergency medical treatment by hospital, clinic, medical personnel as deemed necessary. I certify that I am cognizant of all inherent dangers, risks and hazards associated with figure skating and synchronized skating. By signing this release I hereby release the Pittsfield Figure Skating Club, Inc. from any liability and understand that the Pittsfield Figure Skating Club, Inc. assumes no responsibility for injuries to members or guests whether foreseen or unforeseen.

Member Signature (If 18 or over) \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date: \_\_\_\_\_  
(Required for members under 18)

**PLEASE FILL IN ALL SECTIONS - DO NOT LEAVE ANY SECTION BLANK - THANK YOU**

Pittsfield Figure Skating Club, Inc.

2010-2011 Membership Fees

Families with both USFS and Basic Skills Memberships: USFS Membership must be the primary membership other members in same family will be an Additional Family Member.

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**USFS Membership for PFSC Home Club Members**

**USFS Regular Memberships renewed in June 2010 through PFSC are valid until June 2011.**

Includes USFS Membership

Unlimited Guest and Test Privileges at the Home Club Rate

\$40.00 \$ \_\_\_\_\_

A subscription to "Skating Magazine" is Included with the first USFS Membership per family

**\*Pittsfield Pinwheels Team Members MUST have this membership to participate with the team. \*\*The Bridge Programs requires this Membership.**

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**Basic Skills Membership for PFSC Home Club Members**

Includes Basic Skills Membership.

\$25.00 \$ \_\_\_\_\_

Unlimited Guest Privileges on Basic Skills Sessions at Home Club Rate.

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Additional Family Member for PFSC Home Club Members

**USFS or Basic Skills Membership**

Includes USFS or Basic Skills Membership

\$15.00 \$ \_\_\_\_\_

USFS Includes Unlimited Guest and Test Privileges at Home Club Rate

Basic Skills Includes Unlimited Guest Privileges on Basic Skills Sessions at Home Club Rate

One subscription to "Skating Magazine" is Included with the first USFSA Membership per family

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**PFSC Associate Skater**

Entitles Skater to Skate with Unlimited Guest & Test Privileges at Home Club Rate

\$50.00 \$ \_\_\_\_\_

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**PFSC Home Club Professionals**

Includes Membership in the USFS and Basic Skills Membership as an Instructor in the USFS's Skate with U.S. Program (PFSC requires all club professionals to have both USFS and Basic Skills Memberships)

\$40.00 \$ \_\_\_\_\_

One subscription to "Skating Magazine" is Included with the first USFS Membership per family

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**PFSC Board of Governors**

Includes USFS Membership

\$15.00 \$ \_\_\_\_\_

One subscription to "Skating Magazine" is Included with the first USFS Membership per family

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**BOYS AND GIRLS CLUB MEMBERSHIP BADGE – EVERYONE UNDER 18**

\$10.00 \$ \_\_\_\_\_

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**Total Membership Fees Due With Application:**

\$ \_\_\_\_\_

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Name of Skater: \_\_\_\_\_ USFS #: \_\_\_\_\_

Address: \_\_\_\_\_ Telephone: \_\_\_\_\_

Name of Skater: \_\_\_\_\_ USFS #: \_\_\_\_\_

Address: \_\_\_\_\_ Telephone: \_\_\_\_\_

Additional Family Member: \_\_\_\_\_ USFS #: \_\_\_\_\_

Address: \_\_\_\_\_ Telephone: \_\_\_\_\_

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**FAMILY EMAIL ADDRESS:** \_\_\_\_\_

**Pittsfield Figure Skating Club, Inc.**  
**2010-2011 Ice Fees & Schedule**

<b>Sunday - Basic Skills Only—Basic Skills Membership Required</b>				
11:30am -	12:15 pm	Basic Skills Group Lessons (SPS thru Basic 2) Group Instruction with Practice Time - <b>20</b> Total Classes	<b>\$285</b>	\$
12:15 pm -	1:00 pm	Skills Group Lessons ( <b>Basic 3 – Basic 5</b> ) Group Instruction with Practice Time <b>20</b> Total Classes Basic	<b>\$285</b>	
12:15 pm -	1:00 pm	Adult Group Lessons Group Instruction with Practice Time – <b>20</b> Total Classes	<b>\$285</b>	
1:00 pm -	1:50pm	<b>BRIDGE PROGRAM – Designed for skaters who have passed B5 and above.</b> The Bridge Program is a customized group lesson introducing Moves In The Field, Dance, and Freestyle. This is the next step for skaters who have mastered the basic skills 1-5. Levels 6, 7 & 8 will receive basic skills instruction as well. It is recommended that skaters in the Bridge Program practice their skills on another session in addition to their lesson day. <b>MUST HAVE USFS MEMBERSHIP</b> Group Instruction. <b>20</b> Total Classes	<b>\$317</b>	\$
<b>Monday - USFSA Membership Required – Must have passed at least one USFSA test including Moves, Dance and Freestyle (except for 4pm session)—23 weeks</b>				
3:30pm -	4:00pm	Figures/Patch with Instruction – Ends 11/23— <b>8</b> sessions	<b>\$52</b>	\$
4:00pm -	5:00pm	General Session	<b>\$161</b>	\$
5:00pm -	6:00pm	General Session	<b>\$161</b>	\$
<b>Tuesday Basic Skills - Basic Skills Membership Required- 24 sessions</b>				
4:00pm-	4:45 pm	Basic Skills Group Lessons (SPS thru <b>Basic 4</b> ) Group Instruction with Practice Time – <b>24</b> Total Classes	<b>\$342</b>	\$
4:45pm -	5:15 pm	Basic Skills General Session	<b>\$84</b>	\$
5:15pm -	6:00pm	Basic Skills Group Lessons ( <b>Basic 4 – Basic 8</b> ) Group Instruction with Practice Time – <b>24</b> Total Classes	<b>\$342</b>	\$
5:15pm -	6:00 pm	Adult Group Lessons Group Instruction with Practice Time – <b>24</b> Total Classes	<b>\$342</b>	\$
<b>Wednesday - USFSA Membership Required- See Individual Sessions for Levels—22 weeks</b>				
6:00am -	7:00 am	General Session – Passed Basic 7 (Held Tues. 6am thru11/22) <b>21</b> sessions	<b>\$147</b>	\$
2:30pm -	3:00pm	General Session - Passed Basic 8 & Above	<b>\$77</b>	\$
3:00pm -	3:30 pm	General Session – Passed Basic 8 & Above	<b>\$77</b>	\$
3:45 pm -	4:15 pm	Moves/Dance – Passed Basic 8 & Above	<b>\$77</b>	\$
4:15pm -	5:05pm	General Session - Passed Basic 8 & Above	<b>\$128</b>	\$
5:05pm -	6:00pm	Pittsfield Pinwheels Practice (Paid Directly to Team Treasurer)		
<b>Thursday - USFSA Membership Required - See Individual Sessions For Levels—21 weeks</b>				
6:00 am -	7:00 am	General Session – Passed Basic 7 & Above ( <b>20</b> sessions)	<b>\$140</b>	\$
4:00 pm -	4:55pm	General Session – Passed Basic 7 & Above	<b>\$135</b>	\$
4:55pm -	5:50pm	General Session – Passed Basic 4 & Above	\$ 135	\$
<b>Friday – USFSA Membership Required - Passed Basic 7 &amp; Above—19 weeks</b>				
4:00pm -	5:00pm	Pittsfield Pinwheels (Paid Directly To Team Treasurer)		
5:00pm -	5:30pm	Power, Edge, & Style With Group Instruction	<b>\$124</b>	\$
5:30pm -	5:45pm	Resurface		
5:45pm -	6:10pm	Moves In The Field / Dance	<b>\$55</b>	\$
6:10pm -	7:00pm	General Session	<b>\$111</b>	\$
<b>Saturday – USFSA Membership Required – See Individual Sessions for Levels—20 weeks</b>				
4:00pm -	4:55pm	General Session - Passed Basic 6	<b>\$128</b>	\$
4:55pm -	5:20pm	Moves In The Field / Dance – Passed Basic 6	<b>\$58</b>	\$
5:20pm -	6:15pm	General Session – Passed Basic 4	<b>\$128</b>	\$
<b>Total Ice Fees Due</b>			<b>\$</b>	

**Pittsfield Figure Skating Club, Inc.**  
**2010-2011 Fees Due**

- |  |     |          |
|--|-----|----------|
| [1] Membership Fees Total: [From Page 2]   | [1] | \$ _____ |
| [2] Ice Fees Total: [From Page 3]  | [2] | \$ _____ |
| [3] Show Tickets ( <i>See Below</i> ): \$40.00 for 8 tickets<br>All Families of PFSC Skaters age 18 & under are required to purchase 8 tickets per family for our annual ice show. | [3] | \$ _____ |
| [4] Total Of Membership, Ice Fees \$ Show Tickets: [Lines 1 + 2 + 3]   | [4] | \$ _____ |
| [5] Amount Paid with Application – At least 50% must accompany forms:  | [5] | \$ _____ |
| [6] 50% of Balance Due: 11/5/10:   | [6] | \$ _____ |
| [7] Final Balance Due: 1/7/11:   | [7] | \$ _____ |

Make Checks payable to: **Pittsfield Figure Skating Club**  
Return Application at Open House, Sunday, September 19, 2010  
12:00 – 3:00 PM

Or Send To:  
PFSC Membership  
C/O Nancy Stoll  
14 Bentrup Court  
Lenox, MA 01240  
(413) 637-9751

**Important Notes:**  
**Club Fundraiser**

If you have participated in the club fundraiser your fundraiser credit will be applied to the billing for the final payment unless you have sold enough to cover the entire cost of your PFSC bill. If your fundraising total exceeds your ice bill, credit will be given to the PFSC.

**Rulebooks**

Rulebooks may be ordered directly from the USFS. Forms are available from [www.usfigureskating.org](http://www.usfigureskating.org)

CLUB USE ONLY:

<u>Start Date</u>	/ <u>Date Rec'd</u>	/ <u>Ck#</u>	/ <u>Name On Ck</u>	/ <u>Amt. Pd.</u>
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**PFSC Volunteers**  
***YOUR HELP IS NECESSARY!***

The Pittsfield Figure Skating Club is a volunteer-run organization and EVERY FAMILY MUST VOLUNTEER in some capacity in order for our skating season to run smoothly. Each job is easy to learn and necessary for our club to ensure each skater benefits fully from our wonderful program. If you have a preference for a specific volunteer position, please check it off below. Families who have not selected a job may be assigned a position. We know all of you would love to help the club, just let us know how! Let's have a great season!

**PLEASE COMPLETE THIS FORM AND RETURN WITH YOUR MEMBERSHIP PACKET OR YOU MAY LEAVE IN VOLUNTEER COORDINATORS MAILBOX**

Skater's Name: \_\_\_\_\_

Parent's Name: \_\_\_\_\_ Telephone No.: \_\_\_\_\_

**Show –**

**Kristin O'Connor (413) 499-7105**

- Work with chair to learn how to coordinate Show
- Show Announcer
- Costume Coordinator
- Ticket Distribution
- Ticket Collection At Show
- Ushering
- Lighting Set-Up
- Spotlight Operation During Show
- Prop Construction
- Prop Set-Up Friday Before Show
- Patron & Ad Solicitation
- After Show Party On Saturday
- Coordinating Group Photos During Show
- Program Photos
- Group Parent Coordinator
- Group Parent For Individual Group
- Stage Manager
- Hair & Make-Up
- Show Program
- Clean-Up After Show

**Basic Skills –**

**Sandy VanBramer (413) 442-1906**

- Work With Chair To Learn How To Run Basic Skills Program
- Sunday Rink Monitoring (1 Hour Shift)
- Tuesday Rink Monitoring (1 Hour Shift)
- Sunday Attendance Taking (Approx. 20 Minute Shift)
- Tuesday Attendance Taking (Approx. 20 Minute Shift)
- Helping Chair With Paperwork
- Liaison For Pros & Groups
- Basic Skills Competition

**Hospitality -**

**Barb Boulais (413) 442-9471**

- Holiday Party/Family Skate
- Open House In September
- Annual Dinner

**Rules & Ice -**

**Lisa Massie-Lamke (413) 637-6943**

- Work With Chair To Learn How To Run USFS Sessions
- Rink Monitoring – Check Days Available Below:  
PLEASE FILL OUT ATTACHED FORM FOLLOWING THIS SHEET FOR TIME OF YOUR AVAILABILITY.  
\*\*\*NO MONITOR = NO SESSION\*\*\*

**Test -**

**Nancy Brooks (413) 443-7554**

- Work With Test Chair To Learn How To Run A USFS Test Session
- Work Judges Room Day Of Test
- Playing Music
- Announcing
- Clean up after test

**Competition -**

**Timothy Korte (413) 447-4085**

- Work With Chair To Learn How To Run A USFS Competition
- Judges Room During Competition
- Announcer
- Playing Music
- Medal Presentation
- Calculating Club Trophy Points
- Registration During Competition
- Running & Posting Competition Results
- Soliciting Donation Of Goods
- Clean up after test

**Other -**

Please Indicate If There Is An Area With Which You Can Help Not Listed Above

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## RINK MONITOR AVAILABILITY

Rink monitors duties include taking attendance on sessions and playing skater’s music while they are either practicing or in lesson.

Please indicate the days and times that you are available to volunteer as a rink monitor. I would ask that you list all sessions that you could do in priority order. You will NOT be scheduled for all the sessions you list. It will just help to know the options when I complete a master schedule. I will contact you to verify availability before completing an assignment schedule. I will do my best to honor one of your first three choices. Obviously, some of you will have less than three choices depending on the number of sessions that your child skates.

Please remember that this club is run entirely by volunteer parents. We all need to work together to complete the tasks of operating the club. Rink monitoring is a simple way to become involved and does not require activities beyond the time that your skater is at the rink. I will be providing orientation information to all rink monitors this year so do not worry if you do not have prior knowledge of this duty. I am looking forward to working with you all and enhancing the ease with which our sessions take place. To help increase our current short list of volunteers, skaters of parents who rink monitor non basic skills sessions will receive a general session voucher as follows: for every 6 non basic skills sessions monitored, 1 general session voucher will be provided. Rink monitor attendance sheets will be provided for each session. Please PRINT your name on the attendance sheet so that proper credit can be given. Many thanks in advance.

Call me with any questions at my home number, 413-637-6934. **Return this form with your registration or mail to me at PO Box 177; Lenoxdale, MA 01242**

Lisa Massie-Lamke  
Rules and Ice Chairperson

Parent’s Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Skater’s Name: \_\_\_\_\_

Please identify the session days and times that you available in the order of your first through last choice.

Priority of Choice	Day of Session	Time of Session
1		
2		
3		
4		
5		
6		
7		

**PITTSFIELD FIGURE SKATING CLUB**

**Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement  
("Agreement")**

In consideration of participating in the Pittsfield Figure Skating Club activities, I represent that I understand the nature of figure skating activities ("activity") and that I am qualified, in good health and in proper physical condition to participate in such "activity". I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the "activity".

I fully understand that this "activity" involves risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the "activity", the conditions in which the "activity" takes place, or the negligence of the "releasees" named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation in the "activity".

I hereby release, discharge, and covenant not to sue the **Pittsfield Figure Skating Club**, United States Figure Skating, it's directors, officers, administrators, sponsors, volunteers, agents, employees, staff, instructors, trainers, other participants and if applicable, owners and lessors of premises on which the "activity" takes place (each considered one of the "Releasees" herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations; and I further agree that if, despite this release, waiver of liability, and assumption of risk, I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the releasees from any loss, liability, damage, or cost which any may incur as the result of such claim.

The **Pittsfield Figure Skating Club** has the right, but not the obligation, to provide rules, regulations and/or ice monitors for Club Ice. We hereby acknowledge that the **Pittsfield Figure Skating Club** shall not be responsible for the supervision of the members at Club Ice even though we do provide rink monitors for each session.

I have read this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

\_\_\_\_\_ Date: \_\_\_\_\_  
Printed Name of Participant

\_\_\_\_\_  
Signature of Participant

**PARENTAL CONSENT AND INDEMNIFICATION AGREEMENT**

I, the minor's parent and/or legal guardian, understand the nature of the above referenced activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such "activity". I hereby release, discharge, covenant not to sue and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to have been caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claims against any of the above Releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any Releasees may incur as the result of any such claim.

\_\_\_\_\_ Date: \_\_\_\_\_  
Printed Name of Parent/Guardian

\_\_\_\_\_  
Signature of Parent/Guardian

# PITTSFIELD FIGURE SKATING CLUB

## Consent for Medical Attention or Treatment

I certify that I, the member, or I, the parent/guardian of said participant, give my consent to the *Pittsfield Figure Skating Club* and the facility the activities are taking place in and their staff and to members of the *Pittsfield Figure Skating Club*, their Board of Directors and volunteers to obtain medical care from any licensed physician, hospital or clinic, including transportation and emergency medical services, for myself/ourselves and/or said participant for any injury that could arise from participation in these activities.

\_\_\_\_\_  
Name of 1<sup>st</sup> Minor Child Member (Please print.)      Name of 2<sup>nd</sup> Minor Child Member (Please print.)

\_\_\_\_\_  
Name(s) of Parent(s)/Guardian(s) (Please print)

1<sup>st</sup> Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

2<sup>nd</sup> Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

\_\_\_\_\_  
Name of 1<sup>st</sup> Adult Member (Please print.)

1<sup>st</sup> Adult Member Signature \_\_\_\_\_ Date \_\_\_\_\_

\_\_\_\_\_  
Name of 2<sup>nd</sup> Adult Member (Please print.)      Date \_\_\_\_\_

2<sup>nd</sup> Adult Member Signature \_\_\_\_\_ Date \_\_\_\_\_

This Consent for Medical Attention shall be binding and effective for the 2010-11 membership year in the Pittsfield Figure Skating Club.

### GENERAL MEDIA RELEASE

From time to time photographs may be taken during skating sessions and other PFSC events for use on our Bulletin Boards or our Web Page. Please sign below if you **DO NOT** wish pictures of your child displayed on either of these locations.

Name of Child: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

## U.S. Figure Skating Parents Code of Conduct

The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and six core principles: respect, responsibility, fairness, caring, trustworthiness and good citizenship. The highest potential of sports is achieved when competition reflects these "six pillars of character" (Arizona Sports Summit Accord)

By signing below I hereby agree that:

1. I will encourage good sportsmanship by demonstrating positive support for all skaters, coaches and officials at every practice session, competition and test session.
2. I will place the emotional and physical well being of my child ahead of my personal desire to win.
3. I will encourage my child to skate in a safe and healthy environment.
4. I will inform my child's coach of any physical disability or ailment that may affect the safety of my child or the safety of others.
5. I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the results of a competitive event.
6. I will never ridicule or yell at my child or other participant for making a mistake or blame my child's teammates for placement in a competition.
7. I will do my best to make skating fun and will remember that my child participates in sports for his/her own enjoyment and satisfaction not mine.
8. I will ask my child to treat other skaters, coaches, fans, and officials with respect, regardless of race, creed, color, sexual orientation or ability.
9. I will applaud a good effort in both victory and defeat emphasizing the positive accomplishments and learning from the mistakes.
10. I will teach my child to resolve conflicts without resorting to hostility or violence.
11. I will be a positive role model for my child and other skaters.
12. I will demand a figure skating environment for my child that is free of drug or alcohol abuse and agree that I will not use or provide to a third party any drug proscribed by applicable federal, state, or municipal law.
13. I will not assist or condone any competing athlete's use of a drug banned by the International Olympic Committee, International Skating Union, United States Olympic Committee, or U.S. Figure Skating, or, in case of athletes, to use such drugs or refuse to submit to properly conducted drug tests administered by one of these organizations.
14. I will not provide alcohol to, or condone the use of alcohol by minors, abuse alcohol in the presence of athlete members, or at U.S. Figure Skating activities or, in the case of athletes, consume alcoholic beverages while a minor.
15. I will encourage my child's coach to continue their education and training through programs offered by U.S. Figure Skating, the Professional Skaters Association and other accredited organizations.
16. I will respect my child's coach and refrain from coaching my child or other skaters during competitions and practices because it may conflict with the coach's plan or strategies.
17. I will respect the decisions of officials and their authority during competitions and test sessions and teach my child to do likewise.
18. I will show appreciation and recognize the importance of volunteers and club officials.
19. I will study the rules of the U.S. Figure Skating and teach my child accordingly so that we have an understanding and appreciation of the rules of competition and membership.
20. I will support all the opponents in my child's competition and respect the rights of all skaters to participate.

Signature \_\_\_\_\_ Date \_\_\_\_\_

***Pittsfield Figure Skating Club***

**Financial Assistance**

**Eligibility Guidelines:**

- A skater at any level of skating is eligible for financial assistance.
- Applicants must participate in the PFSC's programs with PFSC as their home club.
- The skater's family must meet the definition of financial need determined by the Board of Directors that takes family income and number of family members into consideration.
- Skaters must have skated with the club for a minimum of **one year**.
- The family **must** participate in the designated Club fundraiser. Monies collected are due at the Open House on September 19, 2010.

**Applications for financial assistance can be obtained by contacting the Club Treasurer, Marcia Disbrow. Names of all applicants will be kept strictly confidential. Contact information 413-684-0195.**

**Application Deadline—October 15, 2010. Please mail to the following address:**

**Club Treasurer  
PFSC  
PO Box 214  
Pittsfield, MA 01202**

# Ice Etiquette - Pittsfield FSC

## Know where skaters are likely to jump

Avoid standing or spinning in the lutz corners or near the boards where edge jumps will take place.

## Right of Way- Be mindful of people in the following circumstances:

Some circumstances when someone might not be looking out for you:

- **Programs over the speaker:** Complicated choreography and fatigue make it more difficult to avoid collisions. Learn to listen to the music and know which music goes with which skater. After some time, it's also possible to learn some of the patterns in others' programs, e.g. a straight line diagonal footwork sequence, etc.
- **Lessons:** Skaters are often looking at their coach when they would otherwise be looking around the ice. Attention is divided.
- **Dance or Pairs in Lesson or over speaker:** It is much more difficult for skaters to stop or change directions quickly when skating with a partner. Again, attention is divided.

## Skaters who have the right of way must still remember to watch out for:

- **Spins:** You can't see a thing when you're spinning. Never skate close to a spinning skater, even if your music is playing (see next point about right-of-way). Always give spinners enough space to change positions into a camel spin (e.g. don't skate close to a scratch spin because it may not be a scratch spin anymore when you get there).

## Remember, even if you have the right of way.....

We all try to give way to skaters performing programs or taking lessons, but **safety is the most important factor**. Just because your music is playing doesn't give you the right to put anyone in danger. This is a bit of a non-traditional way of thinking about "right of way" but it's really important. It's not uncommon to see younger skaters following their program pattern directly into (or very near) someone else's camel spin because they believe they have the "right-of-way." Adjustments have to be made in the name of safety.

## Communicate with and teach inexperienced skaters

If someone is in your way, simply asking them to move is the quickest, safest and friendliest way to make space on the ice. Younger or inexperienced skaters often don't know they are in the way. If an advanced skater tells them, for example, what jump they're working on and what direction they'll be coming from, the inexperienced skater will (a) get out of the way and (b) learn a bit about traffic flow. This is much more effective than scaring the living daylights out of someone (young or old). Everyone has responsibility for making the ice a safe space. Friendly advice is usually very well received.

## Chit-chat in safe spaces

Good options include - OFF the ice, in the hockey boxes, or near the CD player. Avoid skater-parent conversations near the lobby end of the rink. A skater (on the ice) talking with a parent (who is sitting off ice) -- essentially makes that entire end of the ice unsafe for jumping, particularly for advanced skaters. There is a very high likelihood that the kid will start skating away (in an unpredictable direction) while still looking at the parent. There is very high potential for collision in this circumstance. Good traffic flow can be facilitated by parents/fans as well as skaters.

## Don't try to run or hide

Trying to "outrun" a faster skater won't help you get out of the way. Skate in a direction other than their path of travel. And, hiding doesn't work. Trying to stay out of the way by only skating at the end of the rink or near a corner is not effective. The most "out of the way" place on the ice is on the red dot smack in the center. Skating only at one end along the hockey lines or in the corner makes it difficult for others to jump, dance or do MIF

patterns. If the skater is advanced enough to skate the session, then they're advanced enough to skate on the entire surface.

### **Use the harness with consideration**

Excessive use of the harness can be problematic. Congestion is created at the other end of the ice, effectively doubling the number of skaters in that area. Moving to the boards in between "passes" helps maintain better traffic flow.

## **SMART SKATER RULES:**

- 1) Keep your head up and be aware of other skaters around you.
- 2) When not skating, leave the ice.
- 3) Do not stand around in groups and talk, you may be asked to leave the ice by your coach or the music supervisor if you do.
- 4) If you fall, get up right away. If you are hurt, stay still on the ice until a coach reaches you.
- 5) Do not stay in one place on the ice – stay moving.
- 6) Be on time for your sessions, especially after a resurface. Use every minute of your ice time to the maximum.
- 7) Be kind to one another both on and off the ice.
- 8) Say, "excuse me", if you can see that another skater does not see you coming.
- 9) Say, "I'm sorry" when you accidentally get in someone else's way, especially if they had the right of way. (It does happen.)

## PFSC Skating Session Rules **2010-2011 Season**

### **Age Requirements:**

Pittsfield Figure Skating Club accepts skaters ages 3 and up. We recommend all parents stay and watch their children skate, however, children ten years old and younger MUST have an adult present at all times.

### **Instructional Requirement:**

All skating members of Pittsfield Figure Skating Club are required to obtain a minimum of 15 minutes of figure skating instruction either group, semi-private, or private. The Power Session does not count towards this requirement. Skaters age 18 years and older who have passed at least pre-preliminary moves in the field are exempt from this requirement.

**Level Requirements:** Skater must pay attention to the following levels when registering for ice times.

**Sunday Basic Skills Sessions:** Basic Skills Badge Levels ONLY

**Sunday Bridge Program:** Passed Basic 5

**Monday:** Skater must have passed a USFS test

**Tuesday Basic Skills Sessions:** Basic Skills Badge Levels ONLY

**Wednesday 6:00 am – 7 am:** Skater must have passed Basic 7

**Wednesday all other sessions:** Skater must have passed Basic 8

**Thursday 6:00 am – 7 am:** Skater must have passed Basic 7

**Thursday 4- 4:55 Session:** Skater must have passed Basic 7

**Thursday 4:55-5:50 Session:** Skater must have passed Basic 4

**Friday all sessions:** Skater must have passed Basic 7

**Saturday 4:00 – 4:55 and 4:55 – 5:20:** Skater must be have passed Basic 6

**Saturday 5:20 – 6:15:** Skater must be have passed Basic 4

### **Note:**

1. Basic Skills skaters on all days except Sunday & Tuesday must be able to move out of the way of higher level skaters who may be skating backwards and/or practicing jumps if they are skating on a session with higher level skaters.
2. Skaters having passed any test in the USFS test structure will not be eligible to skate on Basic Skills Sessions.

### **Membership Requirements:**

Tuesdays & Sundays Basic Skills Sessions: All Home Club, Associate, and Guest Skaters must have at least Basic Skills Membership.

All Home Club, Associate, & Guest Skaters must have a USFS membership to skate on a Monday, Wednesday, Thursday, Friday, and/or Saturday General or Moves In The Field / Dance Sessions.

Bridge Program participants must also have a USFS membership.

### **Session Caps:**

**Tuesday & Sunday Basic Skills Session:** Cap is at the discretion of the Program Director

**Bridge Program:** Cap is at the discretion of the Instructors

**Power, Stroking & Patch Class:** Cap is at the discretion of the Instructors

**All Other Sessions:** Ice is sold to the first 22 skaters requesting a session

### **General Session Rules:**

1. Skaters on these sessions may practice Basic Skills, Moves in the Field, Freestyle, Dance, or Pairs.
2. Pros may teach Basic Skills, Moves in the Field, Freestyle, Dance or Pairs.
3. Programs will be played according to the program rules.

### **Moves in the Field/Dance Session Rules:**

1. The full ice surface is used with concentration on moves in the field patterns and elements as defined in section TR 25.00 of the USFS Rule Book.
2. Skaters may practice only moves in the field patterns and elements or dance patterns and elements. Dance music may be played. Also instrumental background music (as provided by the club) may be played when dance music is not being used.
3. Skaters may not practice Freestyle Programs or Freestyle elements including jumps and spins. Freestyle Program music may not be played.
4. Pros may not teach freestyle on moves in the field sessions.

### **Power, Edge, Stroking Session Rules:**

1. The full ice surface is used for group instruction in power, edges, & stroking. Instruction is provided by club professionals.
2. Pros may not teach private lessons on this session.
3. Music may be played for the enhancement of the session as determined by the instructing professional.

### **Basic Skills Session Rules:**

1. Skaters on these sessions may practice Basic Skills as defined by the USFSA Basic Skills curriculum.
2. Group instruction in all Basic Skills Badges is available.
3. Pros may teach private lessons in Basic Skills only on the free skate portion of these sessions.
4. Members may not purchase ice only sessions on Basic Skill sessions.
5. Program music may be played per club Freestyle program rules and other music may be played at the discretion of the program director.

### **Bridge Program Rules:**

1. The full ice surface is used for group instruction in Synchronized Skating, Artistry, & Dance. Instruction is provided by club professionals.
2. Pros may not teach private lessons on this session.
3. Music may be played for the enhancement of the session as determined by the instructing professional.

### **Buying On to Sessions:**

1. Skaters who wish to skate on a session they are not signed up for may do so if there is space available on the session.
2. Buy on skaters are accepted on a first come, first served basis.
3. The skater must meet the appropriate level and membership requirements for the requested session.
4. You may not buy on to ANY session until 1 hour prior to the session. You must be present at the rink to sign up for a buy-on. PFSC allows for 22 skaters to buy the entire session for the season. No more than 22 skaters will be allowed to skate on a session.
5. All buy-on fees must be paid prior to the skater getting on the ice. PFSC does not allow for the accumulation and/or billing of buy-on fees.
6. Sold slots can become available for a buy on when the owner informs the club that they will be absent for a particular session in advance. If a skater is late, but has not notified anyone about the absence, another PFSC member may buy on to the slot at his/her own financial risk. If the registered skater arrives at any time during the session, he/she will resume his/her paid spot and the buy-on skater will need to exit the ice without reimbursement.

### **Club Professionals Ice Policy for Cancelled Lessons:**

1. In the event a club professional experiences a “no show” for a planned lesson, the PFSC offers the opportunity for the club pro to utilize that ice time to skate for themselves at no charge.
2. If the lesson was booked during Basic Skills days/times the above rule will apply provided there is no interference with the Basic Skills Program.

### **Guest Skaters:**

1. Guest Skaters who are not Pittsfield Figure Skating Club Home Club or Associate Members may buy-on to sessions with space available provided the guest meets PFSC membership requirements as noted under the “Membership Requirements” section of these rules.
2. Guests may buy on to any session with space available a maximum of 3 times.

### **Freestyle Program Rules:**

1. Skaters’ programs are to be played on a first come first served basis.
2. Skaters in lessons with a Pro lesson requests take priority. Pro lesson requests are to be played next in line bumping back any skater on deck or next in line who is not in lesson. Pro lesson requests will be honored a maximum of twice per skater per session. Additional Pro requests will be placed in line behind skaters not yet having had a program played. Pros should not request a program to be played for a skater after the lesson is over.
3. During show rehearsals, Pro requests for their group’s music will be given the same priority as a regular Pro lesson request and honored a maximum of twice per group per session.
4. Skater’s requests for programs will be honored once per skater per session. If time allows a skater’s program may be played a second time or a second program may be played after all first time requests have been honored.
5. Skaters who will be having a lesson during a session are asked to hold program requests until the time of the lesson. Skaters should check with their Pro prior to the start of the session to find out if their program will be requested during lesson time.
6. Skaters should not wait until the end of the session to request that their program to be played.
7. Each session begins a new priority list. If you skate multiple sessions in a row, the skater must sign up again during the next session if their program was not played.
8. Requests for dance music will also be honored on a first come first served basis with Pro lesson requests taking priority. Please note that a request for dance music during a general session does not count as a program request.
9. Skaters are reminded to have their program CDs at the monitor station prior to the start of the session.
10. Any skater skating a program must wear the designated vest. Skaters should be ready to skate with a vest on when their program turn is announced. Please pay attention to the monitor’s announcements. Any skater not on the ice when their program is announced will forfeit their turn and their program will be placed at the end of the line.
11. Skaters should remember that the skater wearing the vest has the right of way. All skaters should be aware of what is going on around them.

### **Competitors Clear Ice Rules:**

1. Home club and Associate member Skaters competing a program in a competition will be allowed one clear ice prior to competition.
2. A sign-up sheet for Clear Ice will be posted at the rink. The skater or their Pro must sign up noting the sessions the skater is available. Sign-up must be made at least one week prior to the time being requested so that scheduling may be done. The Rules and Ice Chair will notify the skater and Pro of the scheduled time.
3. Clear Ice requests will not be honored on any session scheduled for dance partnering.
4. A maximum of 3 clear ice per session will be allowed per session.

5. Pros will be allowed to continue teaching during clear ice with the right of way given to the skater having clear ice.

**Show Rehearsal Ice:**

1. During the show rehearsal time period to be determined annually by the Board of Governors, pros will be allowed to conduct a show rehearsal when necessary on any session, regardless of the level of the ice, to accommodate for the need for sufficient show rehearsals. Every effort should be made to adhere to the standing session rules and this alternative should be used only when no other alternative is available. Skaters not in show rehearsal will still be expected to follow the standing session rules. This option is intended only for the purpose of Pro's teaching a show rehearsal.
2. Music will be played according to the standing session rules. Pros may use a "boom box" to play programs during this time on any session not allowing for programs to be played. Every effort should be made to keep the volume level on the "boom boxes" down so as not to interfere with the loudspeakers and other Pros.